

Na družino osredotočena zdravstvena oskrba

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Povzetek

Raziskovalno vprašanje (RV): Družine igrajo pomembno vlogo pri obravnavi posameznika, ki zaradi bolezni ali ranljivosti potrebuje pomoč in podporo. Aktivno vključevanje družinskih članov v zdravstveno oskrbo pomaga posamezniku pri obvladovanju bolezni. Oblikovali smo naslednje raziskovalno vprašanje: Kakšna je povezanost dejavnikov zdravstvene oskrbe osredotočene na družino s stališči medicinskih sester do sodelovanja družinskih članov pri zdravstveni negi in oskrbi posameznika?

Namen: Namen prispevka je spoznati dejavnike, ki so povezani z zdravstveno oskrbo osredotočeno na družino in stališča medicinskih sester do sodelovanja družinskih članov pri zdravstveni negi in oskrbi posameznika.

Metoda: V raziskavi je bil uporabljen integrativni pregled znanstvene literature s področja zdravstvene oskrbe usmerjene v družino. Uporabljene so bile mednarodne podatkovne baze CINAHL, PubMed in ProQuest. Prav tako pa smo literaturo iskali s pomočjo spletnega brskalnika Google učenjak. S pomočjo ključnih besed *na družino osredotočena oskrba*, *družinska osredotočenost*, *družinska zdravstvena nega*, *partnerstvo z družinami* se je v končno analizo uvrstilo 23 zadetkov, ki so ustrezali vključitvenim kriterijem. Za prikaz pregleda podatkovnih baz in odločanja o uporabnosti pregledanih virov je bila uporabljena metodologija PRISMA. Zbrani podatki so bili analizirani z metodo tematske analize.

Rezultati: Identificirali smo 16 kod, ki smo jih glede na lastnosti in medsebojne povezave združili v 4 vsebinske kategorije: (1) komunikacija, (2) vključevanje družinskih članov v zdravstveno nego in oskrbo, (3) partnerstvo s pacientom in družinskimi člani, (4) odnos medicinskih sester do vključevanja družine v zdravstveno nego in oskrbo.

Organizacija: Na družino usmerjena zdravstvena nega in oskrba mora biti podprta s strani zdravstvenega managementa na vseh nivojih zdravstvenega varstva in postati profesionalna miselnost izvajalcev zdravstvene nege in oskrbe.

Družba: Vključevanje družinskih članov v zdravstveno oskrbo povečuje kakovost in varnost zdravstvene oskrbe, zmanjšuje stroške ter povečuje zadovoljstvo pacientov, družinskih članov in izvajalcev zdravstvene oskrbe.

Originalnost: V pregledu literature nismo zasledili podrobnejše analize, ki bi se nanašala na povezanost dejavnikov zdravstvene oskrbe osredotočene na družino s stališči medicinskih sester do sodelovanja družinskih članov pri zdravstveni negi in oskrbi posameznika..

Omejitve/nadaljnje raziskovanje: Ugotovitve tega pregleda lahko uporabimo za podporo nadaljnjim raziskavam na temo zdravstvene oskrbe osredotočene v družino in za razvoj inovativnih orodij za podporo zdravstveni oskrbi osredotočeni na družino.

Ključne besede: družina, partnerstvo, zdravstvene nega, vključenost, družinski člani, funkcioniranje družine, medicinska sestra

Andreja Krajnc je magistrirala na področju socialnega managementa na Fakulteti za organizacijske vede (FOV) Univerze v Mariboru. Kot samostojna podjetnica na podlagi pridobljene koncesije izvaja patronažni zdravstveno varstvo posameznikov, družin in skupnosti. Na pedagoškem področju sodeluje v izvedbi študijskega program za študente prve stopnje in je habilitirana visokošolska predavateljica za predmetno področje zdravstvene nege. Aktivno sodeluje na strokovnih konferencah in simpozijih v okviru zdravstvene nege in oskrbe ter objavlja članke v domačih publikacijah. Je doktorska študentka Fakultete za organizacijske študije v Novem mestu.

Family Centered Health Care

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Abstract

Research Question (RQ): Families play an important role in treatment of individuals who are, due to a disease or vulnerability, in need of help and support. The active involvement of family members in health care helps an individual in confronting the disease. Thus, the following research question has been formed: What is the relationship between the factors of family centered health care on the one hand, and the opinions of nurses on collaboration of family members in the process of nursing and health care of an individual on the other hand?

Purpose: The paper aims to discover the factors that are connected with family centered health care, as well as the opinions of nurses about family members participation in the process of nursing and health care of an individual.

Method: In the research, an integrative review of the literature on family centered health care was carried out. For this purpose, the international research bases CINAHL, PubMed, and ProQuest were accessed. The literature was furthermore searched for by using Google Scholar search tool. Taking *family centered care*, *family centeredness*, *family nursing*, *partnering with families* as keywords, twenty-three articles, which had fitted the search criteria were used in the research. For the demonstration of the research bases results and the choice about the usefulness of the articles The PRISMA method was used. Collected data were analyzed by the method of thematic analysis.

Results: Sixteen codes were identified and then classified in four different categories of content according to their characteristics and similarities. These categories are: communication; involving family members in nursing and health care; partnership with a patient and family members; nurses' attitude about involving families in nursing and health care.

Organization: Family centered nursing and health care has to be supported by health management on all the levels of public health and has to become a professional mentality of health care providers.

Society: Involving family members in health care increases its quality and safety, decreases expenses, and increases the contentment of the patients, family members and nursing and health care providers.

Originality: In the literature review, no detailed analysis that would refer to the interconnection between the factors of family centered health care and opinions of nurses about family members' participation in nursing and health care of an individual was noticed.

Limitations / further research: The results of this overview can be used for future researches on the topic of family centered health care, as well as for the development of innovative instruments that would support family centered health care.

Keywords: family, partnering, health care, involvement, family members, family functioning, nurse.

Andreja Krajnc received a Master's degree in social management from the Faculty of Organization Sciences (FOV) at the University of Maribor. As a sole proprietor with an obtained concession, she is actively involved in community nursing care of individuals, families, and communities. In the pedagogical sphere, she is teaching at Bachelor's degree level as a habilitated lecturer in the field of health care. She actively participates at various conferences and symposiums dedicated to nursing and health care, and publishes articles in various Slovenian journals. She is a doctoral student at the Faculty of Organization Studies in Novo mesto.
