

# Gradniki kakovosti enterostomalne terapije v zdravstvenem sistemu: pregled literature

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## Povzetek

**Raziskovalno vprašanje (RV):** Kateri so gradniki kakovosti enterostomalne terapije, ki vplivajo na zdravstveno obravnavo pacientov z rano, stomo, kontinenco?

**Namen:** Namen raziskave je bil pregled domače in tujih strokovnih literatur, v kateri avtorji raziskujejo gradnike kakovosti enterostomalne terapije v zdravstvenem sistemu.

**Metoda:** Raziskava temelji na pregledu domače in tujih strokovne in znanstvene literature. Iskanje strokovnih in znanstvenih člankov odprtega tipa je potekalo po bazah Cobiss, Elsevier, PubMed, Scopus. Časovni okvir iskanja literature so bili prispevki od leta 2020 do leta 2024. Evidentirali smo 311 prispevkov. Zbiranje podatkov je potekalo po smernicah standarda PRISMA.

Po izločitvenih kriterijih, je bilo obravnavanih 17 člankov.

**Rezultati:** Na podlagi pregleda literature smo opredelili gradnike kakovosti enterostomalne terapije in njihov vpliv na zdravstveno obravnavo pacientov z rano, stomo, kontinenco. Identificirali smo naslednje gradnike: povečanje kakovosti zdravstvene obravnave pacientov in s tem vpliv na boljšo kakovost življenja pacientov, učenje, mentoriranje, multidisciplinaren pristop. Kot posledica vpliva gradnikov v zdravstvenih zavodih, pa so navedeni vplivi v zmanjšanju stroškov pri zdravstveni obravnavi pacienta, kar ima vpliv na menedžment zdravstvenih zavodov.

**Organizacija:** Pregled rezultatov je opredelil gradnike kakovosti enterostomalne terapije in njihov vpliv na zdravstveno obravnavo pacienta z rano, stomo, kontinenco, kot tudi na menedžment zdravstvenih zavodov.

**Družba:** Del sistema celovite kakovosti zdravstvene oskrbe je tudi zadovoljevanje zdravstvenih potreb posameznika. Pridobljene rezultate lahko vodstvo zdravstvenih zavodov uporabi pri zaposlovanju enterostomalnih terapeutov in urejanju kadrovskih normativov.

**Originalnost:** Po pregledu obstoječe literature ni bilo zaznati prispevka, napisanega s strani slovenskega avtorja, o gradnikih kakovosti enterostomalne terapije.

**Omejitve/nadaljnje raziskovanje:** Raziskovanje je bilo omejeno le na prispevke, kjer so avtorji raziskovali gradnike enterostomalne terapije in vpliv gradnikov enterostomalne terapije na kakovost življenja pacientov in na vpliv menedžmenta v zdravstvenih zavodih. V pregled so bili vključeni samo prosti dostopni članki s faktorjem vpliva.

**Ključne besede:** Kakovost, gradniki, zdravstvena nega, stoma, inkontinenca, rana, enterostomalni terapeut

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**Anita Jelar** je po izobrazbi dipl. babica, ki je leta 2016 magistrirala na Fakulteti za organizacijske vede Univerze v Mariboru. Od leta 2002 je zaposlena v Univerzitetnem kliničnem centru Ljubljana (UKCL). V študijskem letu 2006/2007 je opravila dodatno funkcionalno izobraževanje iz enterostomalne terapije. Na Ginekološki kliniki je opravila tudi izobraževanje za notranjega presojevalca po ISO 9001. Od leta 2007 do leta 2020 je opravljala funkcijo vodje oddelka na Kliničnem oddelku za ginekologijo in bila hkrati enterostomalni terapeut Ginekološke klinike. Od leta 2020 je zaposlena v Svetovalni službi zdravstvene nege (UKCL), kot enterostomalni terapeut. S predavanji in učnimi delavnicami sodeluje na strokovnih srečanjih v Sloveniji in tujini. Je članica izvršnega odbora Sekcije medicinskih sester v enterostomalni terapiji in je soavtor dokumenta Poklicne kompetence in aktivnosti na področju zdravstvene nege in obravnave pacienta z rano, stomo in kontinenco. Od leta 2020 je članica odbora medicinskih sester v Mediterranean incontinence and pelvic floor society (MIPS),

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# Building blocks of quality in enterostomal therapy in health care system: literature review

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## Abstract

**Research Question (RQ):** What are the building blocks of quality in enterostomal therapy, which affect health care treatment of patients with wound, ostomy and continence?

**Purpose:** The purpose of the research was to conduct a review of domestic and foreign literature, where the authors research about the building blocks of quality in enterostomal therapy in health care system.

**Method:** Research is based on a review of domestic and foreign professional and scientific literature. Search for open-type professional and scientific literature was in databases: Cobiss, Elsevier, PubMed, Scopus. The research was limited to articles, published from 2020 to 2024. We defined the search time frame from 2020 to 2024. We founded 311 articles, for presentation we used the PRISMA diagram.

Twenty-five articles were included.

**Results:** Based on a literature review, we defined building blocks of quality in enterostomal therapy and their influence on healthcare treatment of patients with wound, ostomy and continence. We identify the following building blocks: improving the quality of patient care and thereby improving the quality of life of patients, teaching, mentoring, multidisciplinary approach. As a consequence of building blocks of quality in enterostomal therapy in health care institutions, they exposed the influence in cost reduction, which is important for management.

**Organization:** The review defined building blocks of quality in enterostomal therapy and their influence on health care treatment of patients with wound, ostomy and continence and also on management of health care institutions.

**Society:** The part of the quality health care and treatment is also to take care of patient needs. The research can be useful for human resource management.

**Originality:** Based on a review, we did not notice similar article from Slovenian author.

**Limitations / further research:** The research was limited on articles in which the authors investigated building blocks of quality in enterostomal therapy, which affect health care and treatment of patients and also have influence on management. Only articles with open access and Impact factor were included.

**Keywords:** Quality, building blocks, nursing, stoma, incontinence, wound, enterostomal therapists

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Anita Jelar is a midwife, who graduated from the Faculty of Organizational Sciences of the University of Maribor in 2016. Since 2002 she has been employed at University medical centre Ljubljana (UKCL). In the academic year 2006/2007 she completed an additional postgraduate education in enterostomal therapy. She also completed training as an internal auditor according to ISO 9001. From 2007 to 2020 she held the position of head nurse of urogynecology department at the Department of Gynecology and was at the same time an enterostomal therapist. Since 2020 she has been working independently as an enterostomal therapist of the UKCL. She participates with lectures and workshops in Slovenia and abroad. She is part of the board members in Section of enterostomal therapists in Slovenia and co-author of document: Professional competencies and activities in the field of nursing and treatment of patients with wound, ostomy and continence. She is also a board member in Mediterranean incontinence and pelvic floor society (MIPS).

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